











2019 NEWQUAY & PAR SUMMER FIXTURE LIST

Issue 3

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|----------|-----------|-----------------------------|---|---|---|
| Saturday | Apr 6 | Par | Warm up meeting | | |
| Sunday | Apr 7 | Brickfields, Plymouth | Plymouth Spring Warm Up |  | 2 |
| Saturday | Apr 13 | Plymouth | SAL (1) | | |
| Sunday | Apr 14 | Exeter | Ken Trickey Open TBC |  | 2 |
| Saturday | Apr 20 | | | | |
| Sunday | Apr 21 | | | | |
| Wed | Apr 24 | Carn Brea | Y4/5/6/7 open meeting |  | 2 |
| Saturday | Apr 27 | | | | |
| Sunday | Apr 28 | | London Marathon & Mini-Marathon | | |
| Sunday | Apr 28 | Carn Brea | CAC Spring Warm Up TBC |  | 2 |
| Sunday | Apr 28 | | Devon Open (1) | | 2 |
| Tues | Apr 30 | Exeter | Exeter Open & BMC |  | |
| Sat-Mon | May 4-6 | Bedford | BUCS Champs. | | |
| Saturday | May 4 | Millfield | YA BMC cLassic | | |
| Sunday | May 5 | Swansea | U20 Youth Development League (composite team) | | |
| Sunday | May 5 | TBC | South West Athletic League Cup match | | |
| Tues | May 7 | Carn Brea | ESA Cup Boys TBC | | |
| Wed | May 8 | Carn Brea | ESA Cup Girls TBC | | |
| Saturday | May 11 | Par | Cornwall County AA Champs | | 1 |
| Sunday | May 12 | Bedford | BAL (1) | | |
| Saturday | May 18 | | | | |
| Sunday | May 19 | Swindon | SAL (2) | | |
| Thurs | May 23 | Carn Brea | DAN Series 5K / County Champs | | 1 |
| Sat/Sun | May 25/26 | Bedford | U20/Sen England & Wales C-E Champs | | |
| Saturday | May 25 | | | | |
| Sunday | May 26 | Exeter | U20 Youth Development League (composite team) | | |
| Tues | May 28 | Exeter | Exeter Open & BMC | | |
| Wed | May 29 | Carn Brea | Y4/5/6/7 open meeting |  | 2 |
| Sat/Sun | Jun 1/2 | Mids - TBC; South - Bedford | U20/Senior Regional Champs | | |
| Saturday | Jun 1 | | | | |
| Sunday | Jun 2 | Exeter | South West Athletic League | | |
| Tues | Jun 4 | Exeter | ESA Cup Regional Round | | |
| Tues | Jun 4 | Par | Year 7 & 8 County School Champs | | |
| Saturday | Jun 8 | Carn Brea | Cornwall County Schools Champs. | | |
| Sunday | Jun 9 | Lee Valley, Enfield | BAL (2) | | |
| Sunday | Jun 9 | Braunton | Devon Open (2) | | 2 |
| Saturday | Jun 15 | Portsmouth | SAL (3) | | |
| Saturday | Jun 15 | Exeter | South West Schools Champs | | |
| Sunday | Jun 16 | | | | |
| Sat/Sun | Jun 22/23 | TBC | South West Schools Combined Events | | |
| Sat/Sun | Jun 22/23 | Bedford | U20/23 England Champs | | |
| Saturday | Jun 22 | | | | |
| Sunday | Jun 23 | | | | |
| Tues | Jun 25 | Exeter | BMC | | |
| Wed | Jun 26 | Carn Brea | Y4/5/6/7 open meeting |  | 2 |
| Saturday | Jun 29 | Par | 5 Star Young Athlete Pentathlons |  | |
| Sunday | Jun 30 | Cardiff | U20 Youth Development League (composite team) | | |
| Sunday | Jun 30 | Braunton | North Devon Young Athletes Open |  | 2 |
| Saturday | Jul 6 | Kingston | BAL (3) | | |
| Sunday | Jul 7 | Exeter | South West Athletic League | | |
| Sat/Sun | Jul 6-7 | Oxford (Horspath) | All age SEAA combined events | | |
| Fri/Sat | Jul 12/13 | Birmingham | English Schools Finals | | |
| Saturday | Jul 13 | Winchester | SAL (4) | | |
| Sunday | Jul 14 | Tavistock | Devon Open (3) | | 2 |
| Saturday | Jul 20 | | | | |
| Sunday | Jul 21 | Exeter | South West Inter-Counties Champs. | | |
| Tues | Jul 23 | Exeter | Exeter Open & BMC | | |
| Wed | Jul 24 | Carn Brea | Y4/5/6/7 open meeting |  | 2 |

| | | | | |
|----------|--------------|-------------------------------------|---|---|
| Wed | Jul 24 | Par | DAN 10000m Sen County Champs | 1 |
| Fri-Sun | Jul 26-Aug 7 | | European Veteran Champs TBC | |
| Sat/Sun | 27/28 | Birmingham | British Champs.& CAU Sen Inter-Counties | |
| Saturday | Jul 27 | | | |
| Sunday | Jul 28 | Yate | U20 Youth Development League (composite team) | |
| Sat/Sun | Aug 3-4 | TBC | U15/U17 National C-E Champs | |
| Saturday | Aug 3 | Glasgow | BAL (4) | |
| Sunday | Aug 4 | Exeter | South West Athletic League | |
| Saturday | Aug 10 | | | |
| Sunday | Aug 11 | | Devon Open (4) | 2 |
| Sat/Sun | Aug 17/18 | TBC; | Regional Age Group Champs | |
| Saturday | Aug 17 | Exeter | SAL (5) | |
| Sunday | Aug 18 | | | |
| Wed | Aug 21 | Par | DAN 3000m Sen County Champs | 1 |
| Sat/Sun | Aug 24/25 | Bedford | U15/U17 National Champs | |
| Sat/Sun | Aug 24/26 | Birmingham | British Champs | |
| Saturday | Aug 24 | Par | Par Open Jumps, sprints, 1 mile champs & Relays | |
| Sunday | Aug 25 | | | |
| Tues | Aug 27 | Exeter | Exeter Open & BMC | |
| Wed | Aug 28 | Carn Brea | Y4/5/6/7 open meeting | 2 |
| Saturday | Aug 31 | Oxford (Horspath) TBC | SEAA U15/U20 Inter Counties TBC | |
| Sunday | Sep 1 | Exeter | South West Athletic League | |
| | Sep 5-15 | Italy | World Masters Champs | |
| Saturday | Sep 7 | | | |
| Sunday | Sep 8 | Carn Brea | Duchy Minors | |
| Saturday | Sep 14 | | | |
| Sunday | Sep 15 | Par | Last Ditch Throws | |
| Saturday | Sep 21 | Crystal Palace TBC | SEAA 6/4 Stage Road Relays | |
| Saturday | Sep 21 | Exeter | English Schools Combined Events & Walks | |
| Sunday | Sep 22 | Exeter | English Schools Combined Events & Walks | |
| Sunday | Sep 29 | Carn Brea | CAC Jumps Festival TBC | 2 |
| | | south west league | | |
| | | SAL | | |
| | | British Athletic League Nat Div3 | | |
| | | county & SW events | | |
| | | Area & National Champs | | |
| | | N&P open events | | |
| | | Duchy Network track 5Km race Series | | |
| | | evening & open events | | |
| | | Youth Development Leagues | | |
| | | | this event includes U11 events | |
| Revision | 1 | 06-Dec-18 | | |
| | 2 | 30-Dec-18 | | |