

Team		Score	
1	Swindon Harriers		216
2	Newquay & Par		210
3	Havant		171
4	Fleet & Crookham		23

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Men's A 100m		Wind=			
1	Freddie Dickinson	U20	Swindon Harriers	12.0	4
2	Dan Bray	SM	Havant	12.1	3
3	Aidan Patton	U20	Newquay & Par	12.6	2
4					1

Men's B 100m		Wind=			
1	Kieran Flynn	U20	Havant	12.3	4
2	Thomas Haworth	U20	Swindon Harriers	12.5	3
3					2
4					1

Men's A 200m		Wind=			
1	Freddie Dickinson	U20	Swindon Harriers	24.2	4
2	Dan Bray	SM	Havant	24.4	3
3					2
4					1

Men's B 200m		Wind=			
1	Matt Cave	SM	Swindon Harriers	24.5	4
2	Sam Farrugia	U17	Havant	29.4	3
3					2
4					1

Men's A 400m					
1	Lewis Cotterill	U20	Newquay & Par	53.2	4
2	Dan Bray	SM	Havant	54.0	3
3	James Newton	SM	Swindon Harriers	55.2	2
4					1

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Men's B 400m					
1	Luke Hopper	U20	Newquay & Par	53.9	4
2	Matthew Smith	U17	Swindon Harriers	54.1	3
3	Kieran Flynn	U20	Havant	56.1	2
4					1

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Men's A 800m					
1	Lewis Cotterill	U20	Newquay & Par	2:00.9	4
2	Simon Dill	SM	Swindon Harriers	2:01.1	3
3	Craig Berryman	SM	Havant	2:13.4	2
4					1

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Men's B 800m					
1	Elliot Doughty	U20	Swindon Harriers	2:04.0	4
2	William Wright	U17	Newquay & Par	2:19.8	3
3	Joseph Wiggins	U17	Havant	2:25.7	2
4					1

aw

Men's A 1500m					
1	Matt Gordon	SM	Havant	4:08.2	4
2	Simon Dill	SM	Swindon Harriers	4:22.7	3
3	Lewis Cotterill	U20	Newquay & Par	4:31.0	2
4	Mickael Hegešippe	M40	Fleet & Crookham	6:01.6	1

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Men's B 1500m					
1	Ethan Pierce	U20	Swindon Harriers	4:27.2	4
2	Liam Gallantry	SM	Newquay & Par	5:05.4	3
3	Harry Hooper	U17	Havant	5:25.9	2
4					1

Men's A 5000m					
1	Sergio Martinez-Gonzalez	SM	Swindon Harriers	16:41.4	4
2	Simon Williams	SM	Newquay & Par	17:19.4	3
3	Mickael Hegešippe	M40	Fleet & Crookham	20:42.3	2
4	David Evans	SM	Havant	22:27.4	1

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Men's B 5000m

1	Dave Sirelle	SM	Swindon Harriers	17:26.0	4
2					3
3					2
4					1

Men's A 110mH

Wind=

1	Neil Cox	M40	Swindon Harriers	19.0	4
2					3
3					2
4					1

Men's B 110mH

Wind=

1	Radek Mojsak	Sm	Swindon Harriers	20.0	4
2					3
3					2
4					1

Men's A 400mH

1	Neil Cox	M40	Swindon Harriers	67.2	4
2	Dan Bray	SM	Havant	73.2	3
3					2
4					1

Men's B 400mH

1	Craig Berryman	SM	Havant	82.7	4
2					3
3					2
4					1

Men's A 2000m Steeplechase

1	Aiden Kent	U20	Newquay & Par	6:26.5	4
2	Ben McIntyre	U17	Swindon Harriers	6:52.8	3
3					2
4					1

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Men's B 2000m Steeplechase

1	Luke Hopper	U20	Newquay & Par	7:32.4	4
2	Neil Cox	M40	Swindon Harriers	9:38.4	3
3					2
4					1

Men's A High Jump

1	Aaron Bishop	SM	Swindon Harriers	1.80	4
2	Aidan Patton	U20	Newquay & Par	1.60	3
3	Craig Berryman	SM	Havant	1.50	2
4					1

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Men's B High Jump

1	Aidan Higgins	U20	Swindon Harriers	1.50	4
2					3
3					2
4					1

Men's A Pole Vault

1	Aidan Patton	U20	Newquay & Par	3.30	4
2	Paul Hilyard	M45	Havant	2.40	3
2	Howard Gooderham	M50	Swindon Harriers	2.40	3
4					1

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Men's B Pole Vault

1					4
2					3
3					2
4					1

Men's A Long Jump

1	Aidan Patton	U20	Newquay & Par	5.82	4
2	Aaron Bishop	SM	Swindon Harriers	5.74	3
3	Joshua Kelly	SM	Havant	5.16	2
4					1

Wind

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Men's B Long Jump					Wind	
1	Ben McIntyre	U17	Swindon Harriers	5.40	4	aw
2	William Wright	U17	Newquay & Par	4.38	3	
3	Sam Farrugia	U17	Havant	3.43	2	
4					1	
Men's A Triple Jump					Wind	
1	Aaron Bishop	SM	Swindon Harriers	12.15	4	aw
2	Aidan Patton	U20	Newquay & Par	11.40	3	
3	Kieran Flynn	U20	Havant	11.16	2	
4					1	
Men's B Triple Jump					Wind	
1	James Newton	SM	Swindon Harriers	10.45	4	
2	William Wright	U17	Newquay & Par	9.83	3	
3					2	
4					1	
Men's A Shot Putt						
1	David Dawson	SM	Newquay & Par	13.56	4	aw aw aw
2	Joshua Kelly	SM	Havant	13.05	3	
3	Josh Ricketts	U20	Swindon Harriers	10.27	2	
4					1	
Men's B Shot Putt						
1	Radek Mojsak	M40	Swindon Harriers	9.95	4	
2	Alex Fitzpatrick	SM	Havant	7.38	3	
3					2	
4					1	
Men's A Discus						
1	David Dawson	SM	Newquay & Par	42.40	4	aw aw aw
2	Joshua Kelly	SM	Havant	34.39	3	
3	Allan Barnard	SM	Swindon Harriers	30.18	2	
4					1	
Men's B Discus						
1	Josh Ricketts	U20	Swindon Harriers	27.09	4	aw
2	Alex Fitzpatrick	SM	Havant	25.46	3	
3					2	
4					1	
Men's A Hammer						
1	David Dawson	SM	Newquay & Par	37.10	4	aw aw
2	Alex Fitzpatrick	SM	Havant	34.62	3	
3	Allan Webb	M60	Swindon Harriers	16.41	2	
4					1	
Men's B Hammer						
1	Joshua Kelly	SM	Havant	19.36	4	
2	Josh Ricketts	U20	Swindon Harriers	3.55	3	
3					2	
4					1	
Men's A Javelin						
1	Allan Barnard	SM	Swindon Harriers	41.42	4	aw
2	David Dawson	SM	Newquay & Par	31.39	3	
3	Dan Bray	SM	Havant	22.61	2	
4					1	
Men's B Javelin						
1	Matt Cave	SM	Swindon Harriers	39.81	4	aw
2	Alex Fitzpatrick	SM	Havant	19.63	3	
3					2	
4					1	
Men's 4x100m						
1	Swindon Harriers	SM		47.4	4	
2	Newquay & Par	SM		49.6	3	
3	Havant	SM		51.9	2	
4					1	
Men's 4x400m						
1	Swindon Harriers	SM		3:44.1	4	
2	Havant	SM		3:52.7	3	

3	Newquay & Par	SM		4:07.8	2
4					1

Women's A 100m			Wind=			
1	Lydia Rodgers	SW	Swindon Harriers	13.0	4	aw
2	Ruby Dale	U17	Havant	13.4	3	
3	Rachel Howe	U20	Newquay & Par	13.9	2	
4					1	
Women's B 100m			Wind=			
1	Lucy Allen	U17	Newquay & Par	13.6	4	
2	Anna Curtis	U17	Swindon Harriers	14.0	3	
3	Amanda Rees-Frometa	U17	Havant	14.6	2	
4					1	
Women's A 200m			Wind=			
1	teresa lannetelli	U20	Swindon Harriers	26.3	4	aw
2	Ruby Dale	U17	Havant	27.8	3	
3	Rachel Howe	U20	Newquay & Par	28.7	2	
4					1	
Women's B 200m			Wind=			
1	lydia rodgers	SW	Swindon Harriers	26.3	4	aw
2	Lucy Allen	U17	Newquay & Par	28.5	3	
3	Amanda Rees-Frometa	U17	Havant	29.9	2	
4					1	
Women's A 400m						
1	Alice Reynolds	SW	Havant	64.2	4	
2	Lily England	U23	Newquay & Par	66.5	3	
3	Keeleigh Chapman	U23	Swindon Harriers	67.5	2	
4					1	
Women's B 400m						
1	Claudia Carlyon	U23	Newquay & Par	70.7	4	
2	Beth Wilson	U20	Havant	71.4	3	
3	Sophie Hill	U17	Swindon Harriers	72.4	2	
4					1	
Women's A 800m						
1	Rachel Sykes	SW	Swindon Harriers	2:21.4	4	aw
2	Amber Faull	U17	Havant	2:36.1	3	
3	Danielle Rawson	U20	Newquay & Par	2:56.1	2	
4					1	
Women's B 800m						
1	Sophie Capel	U17	Swindon Harriers	2:33.5	4	
2	Beth Wilson	U20	Havant	2:38.9	3	
3	Tessa Hewins	SW	Newquay & Par	3:15.6	2	
4					1	
Women's A 1500m						
1	Rachel Oram	U17	Swindon Harriers	5:18.2	4	
2	Amber Faull	U17	Havant	5:19.3	3	
3	Danielle Rawson	U20	Newquay & Par	6:27.0	2	
4					1	
Women's B 1500m						
1	Dara Kelly	U17	Swindon Harriers	5:51.3	4	
2	Beth Sherrell	U20	Havant	6:14.8	3	
3	Tessa Hewins	SW	Newquay & Par	7:14.3	2	
4					1	
Women's A 3000m						
1	rachel sykes	sw	Swindon Harriers	11:26.1	4	aw aw
2	Grace Davidson	U17	Newquay & Par	11:40.8	3	
3	Beth Sherrell	U20	Havant	13:13.9	2	
4					1	
Women's B 3000m						
1	Lauren Webster	U17	Newquay & Par	12:39.2	4	
2	Amy Bream	SW	Havant	14:01.1	3	
3					2	
4					1	
Women's A 100mH			Wind=			
1	Claudia Carlyon	U23	Newquay & Par	18.2	4	
2	keeliegh chapman	u23	Swindon Harriers	18.5	3	

3	Hayley Greenwood	SW	Havant	18.8	2
4					1

Women's B 100mH		Wind=			
1	Tessa Hewins	SW	Newquay & Par	20.9	4
2	Olivia Pawson	u17	Swindon Harriers	21.4	3
3					2
4					1

Women's A 400mH					
1	Keeleigh Chapman	U23	Swindon Harriers	68.8	4
2	Lily England	U23	Newquay & Par	72.2	3
3	Amy Bream	SW	Havant	80.1	2
4					1

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Women's B 400mH					
1	Claudia Carlyon	U23	Newquay & Par	76.4	4
2	Hayley Greenwood	SW	Havant	79.1	3
3					2
4					1

Women's A 2000m Steeplechase					
1	Claudia Carlyon	U23	Newquay & Par	10:57.6	4
2					3
3					2
4					1

Women's B 2000m Steeplechase					
1	Tessa Hewins	SW	Newquay & Par	10:57.7	4
2					3
3					2
4					1

Women's A High Jump					
1	Rebecca Gray	U23	Newquay & Par	1.50	4
2	Ruby Dale	U17	Havant	1.35	3
3	Rachel Oram	U17	Swindon Harriers	1.35	2
4					1

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Women's B High Jump					
1	Tessa Hewins	SW	Newquay & Par	1.35	4
2	Alexandra Wallrock	SW	Swindon Harriers	1.25	3
3	Hayley Greenwood	SW	Havant	1.15	2
4					1

Women's A Pole Vault					
1	Lucy Allen	U17	Newquay & Par	3.10	4
2					3
3					2
4					1

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Women's B Pole Vault					
1					4
2					3
3					2
4					1

Women's A Long Jump						Wind
1	Lydia Rodgers	SW	Swindon Harriers	4.88	4	aw
2	Amanda Rees-Frometa	U17	Havant	4.41	3	
3	Tessa Hewins	SW	Newquay & Par	3.84	2	
4					1	

Women's B Long Jump						Wind
1	Katie Loach	U17	Swindon Harriers	4.20	4	II
2	Rachel Howe	U20	Newquay & Par	3.58	3	
3	Isobel Sherrell	U17	Havant	3.38	2	
4					1	

Women's A Triple Jump						Wind
1	Claudia Carlyon	U23	Newquay & Par	9.31	4	
2					3	
3					2	
4					1	

Women's B Triple Jump						Wind
1	Tessa Hewins	SW	Newquay & Par	8.66	4	
2					3	

3					2	
4					1	

Women's A Shot Putt

1	Jacky Brett	W50	Newquay & Par	8.93	4
2	Alice Reynolds	SW	Havant	7.24	3
3	Olivia Pawson u17	U17	Swindon Harriers	6.39	2
4					1

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Women's B Shot Putt

1	Tessa Hewins	SW	Newquay & Par	5.98	4
2	Amy Bream	SW	Havant	4.49	3
3					2
4					1

Women's A Discus

1	Alice Reynolds	SW	Havant	19.23	4
2	Jacky Brett	W51	Newquay & Par	19.08	3
3					2
4					1

#N/A

Women's B Discus

1	Lily England	U23	Newquay & Par	14.81	4
2	Sarah Al-Romaithi	W35	Havant	9.68	3
3					2
4					1

Women's A Hammer

1	Jacky Brett	W52	Newquay & Par	32.00	4
2	Zoe Large	SW	Swindon Harriers	25.91	3
3	Alice Reynolds	SW	Havant	21.78	2
4					1

#N/A
aw**Women's B Hammer**

1	Lily England	U23	Newquay & Par	21.81	4
2	Sarah Al-Romaithi	W35	Havant	10.48	3
3					2
4					1

Women's A Javelin

1	Danielle Rawson	U20	Newquay & Par	25.56	4
2	Hayley Greenwood	SW	Havant	19.75	3
3	Rachel Oram	U17	Swindon Harriers	18.86	2
4					1

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Women's B Javelin

1	Lily England	U23	Newquay & Par	12.66	4
2	Sarah Al-Romaithi	W35	Havant	7.46	3
3					2
4					1

Women's 4x100m

1	Swindon Harriers	SW		51.7	4
2	Newquay & Par	SW		54.5	3
3	Havant	SW		55.0	2
4					1

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Women's 4x400m

1	Swindon Harriers	SW		4:15.8	4
2	Havant	SW		4:48.3	3
3	Newquay & Par	SW		4:55.7	2
4					1