



Provisional dates for Cross Country

2019 - 2020 season (issue 1 - Sept 19)

Sunday 6 th October	Westward League, Plymouth
(1 - 12 Oct School Cup preliminary Round at Truro School - date to be confirmed by the school)	
Saturday 12 th October	Cross Challenge - Llandaff Fields, Cardiff
Saturday 2nd November	Nat XC Relays, Mansfield
Saturday 9 th November	Cross Challenge - Milton Keynes
Saturday 9 th November	English Schools XC Cup SW Regional Final
Sunday 10 th November	CCAA Champs & Westward League, Newquay
Saturday 23rd November	English Schools XC Cup Final
Saturday 23rd November	Cross Challenge - Sefton Park, Liverpool (incl Euro XC Trials)
Sunday 1st December	Westward League, Exeter
Saturday 7 th December	SEAA Masters & Inter Counties XC Champs - Horspath, Oxford
Sunday 8 th December	European Cross Country Champs Lisbon, Portugal
1 Wednesday 11th December	County Schools Relays, Newquay Sports Centre
Sunday 15 th December	Westward League, Westward Ho !
Sunday 5 th January	South West Inter Counties, venue to be confirmed
Saturday 11 th January	Cross Challenge - Stirling Scot
1 Saturday 18 th January	County Schools, Newquay
Saturday 25 th January	SEAA Clubs XC Champs, Parliament Hill
1 Saturday 8th February	SW Schools, Kings Park Bournemouth + BUCS
Sunday 16 th February	Westward League, Redruth
Saturday 22nd February	National Clubs XC Champs, Wollaton Park, Nottingham
Saturday 1st March	Westward League, Stover
Saturday 7 th March	CAU National Inter Counties - Prestwold Hall, Loughborough
Saturday 14 th March	ESAA XC - Liverpool
Saturday 21st March	School International - venue to be confirmed