



Code of Conduct for Parents/Carers

The enjoyment and safety of your child when involved in athletics is of paramount importance to Newquay & Par Athletics Club. Every child will be encouraged and asked to ensure that their behaviour and actions always meet the values and standards expected of them. As parents, you are asked to support our Codes of Conduct and embrace the spirit of our sport.

As a parent/carer, I will:

- 1** Encourage my child to train and compete within the rules and respect officials' and coaches' decisions
- 2** Support my child's efforts and performance, give positive comments that motivate and encourage continued effort and learning. Negative comments do not promote success.
- 3** Understand that competition is about winning and losing, so results are always accepted without undue disappointment
- 4** Be a positive role model to my child by helping them work towards skill improvement and good sportsmanship
- 5** Remember that children learn best by example; I will congratulate good competition by both my child and their opponents
- 6** Thank the coaches, officials and other volunteers who give their time for my child and not interfere with their decisions
- 7** Help when asked by a coach or official
- 8** Respect the rights, dignity and worth of all people involved in the sport, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion or political opinion
- 9** Read the rules of the sport to understand better what I am watching and discussing with my child
- 10** Promote this code of conduct to other parents, carers and supporters
- 11** Be aware of my child's club safeguarding policy and ensure that any concerns are reported to the club's safeguarding officer or England Athletics' Lead Safeguarding Officer.

As a parent/carer, I will not:

- 1** Pressure my child in any way; I know that this is their sport not mine
- 2** Use inappropriate language, harass athletes, coaches, officials or other spectators
- 3** Criticise or ridicule my child for a poor result
- 4** Force my child if they are unwilling to participate in the sport
- 5** Arrive at an athletics activity under the influence of alcohol or drugs
- 6** Use Social Media technology to bring the sport into disrepute or make an inappropriate comment about an athlete, coach, official, volunteer or member of England Athletics staff
- 7** Consume illegal substances either immediately prior to or while being at an athletics activity where my child is participating in the sport
- 8** Consume alcoholic drinks or smoke either immediately prior to or while being at an athletics activity where my child is participating.